

## Glow Worm Tots, Recreational Gymnastics

Code # S-1	Class	Age	Gender	Day	Time	Classes	Fee (res/non)	Session I
42036	GLOW WORMS	18 MO.-3 YRS	BOYS & GIRLS	MON	10:00- 10:45 am	17	\$215/ \$225	9/7- 1/3
42037	GLOW WORMS	18 MO.-3 YRS	BOYS & GIRLS	MON	6:00- 6:45 pm	17	\$215/ \$225	9/7- 1/3
42038	GLOW WORMS	18 MO.-3 YRS	BOYS & GIRLS	WED	10:00-10:45 am	17	\$215/ \$225	9/7- 1/3
42039	GLOW WORMS	18 MO.-3 YRS	BOYS & GIRLS	WED	6:30-7:15 pm	17	\$215/ \$225	9/7- 1/3
42040	GLOW WORMS	18 MO.-3 YRS	BOYS & GIRLS	THU	10:30- 11:15 am	17	\$215/ \$225	9/7- 1/3
42041	GLOW WORMS	18 MO.-3 YRS	BOYS & GIRLS	FRI	10:00-10:45 am	17	\$215/ \$225	9/7- 1/3
42042	GLOW WORMS	18 MO.-3 YRS	BOYS & GIRLS	SAT	9:00- 9:45 am	17	\$215/ \$225	9/7- 1/3
42062	Inch Worms	3-4 YRS	BOYS & GIRLS	MON	10:00-10:45 am	17	\$220/ \$230	9/7- 1/3
42063	Inch Worms	3-4 YRS	BOYS & GIRLS	WED	10:00-10:45 am	17	\$220/ \$230	9/7- 1/3
42064	Inch Worms	3-4 YRS	BOYS & GIRLS	THU	10:30-11:15 am	17	\$220/ \$230	9/7- 1/3
42065	Inch Worms	3-4 YRS	BOYS & GIRLS	FRI	10:00-10:45 am	17	\$220/ \$230	9/7- 1/3
42066	Inch Worms	3-4 YRS	BOYS & GIRLS	SAT	9:00- 9:45 am	17	\$220/ \$230	9/7- 1/3
42088	SQUIGGLE WORMS	3.5- 5 YRS	BOYS & GIRLS	MON	4:00-4:55 pm	17	\$225/ \$235	9/7- 1/3
42089	SQUIGGLE WORMS	3.5- 5 YRS	BOYS & GIRLS	TUE	4:00-4:55 pm	17	\$225/ \$235	9/7- 1/3
42090	SQUIGGLE WORMS	3.5- 5 YRS	BOYS & GIRLS	TUE	5:00-5:55 pm	17	\$225/ \$235	9/7- 1/3
42091	SQUIGGLE WORMS	3.5- 5 YRS	BOYS & GIRLS	TUE	6:30-7:25 pm	17	\$225/ \$235	9/7- 1/3
42092	SQUIGGLE WORMS	3.5- 5 YRS	BOYS & GIRLS	WED	4:30-5:25 pm	17	\$225/ \$235	9/7- 1/3
42093	SQUIGGLE WORMS	3.5- 5 YRS	BOYS & GIRLS	THU	4:00-4:55 pm	17	\$225/ \$235	9/7- 1/3
42094	SQUIGGLE WORMS	3.5- 5 YRS	BOYS & GIRLS	THU	5:30-6:25 pm	17	\$225/ \$235	9/7- 1/3
42095	SQUIGGLE WORMS	3.5- 5 YRS	BOYS & GIRLS	THU	6:30-7:25 pm	17	\$225/ \$235	9/7- 1/3
42096	SQUIGGLE WORMS	3.5- 5 YRS	BOYS & GIRLS	FRI	4:00-4:55 pm	17	\$225/ \$235	9/7- 1/3
42097	SQUIGGLE WORMS	3.5- 5 YRS	BOYS & GIRLS	FRI	6:00-6:55 pm	17	\$225/ \$235	9/7- 1/3
42098	SQUIGGLE WORMS	3.5- 5 YRS	BOYS & GIRLS	SAT	10:00-10:55 am	17	\$225/ \$235	9/7- 1/3
42099	SQUIGGLE WORMS	3.5- 5 YRS	BOYS & GIRLS	SAT	11:00-11:55 am	17	\$225/ \$235	9/7- 1/3

Code # S-1	Class	Age	Gender	Day	Time	Classes	Fee (res/non)	Session I
42132	Recreational 1	5 & up	Girls	Mon	5:00-5:55 pm	17	\$225/ \$235	9/7- 1/3
42133	Recreational 1	5 & up	Girls	Mon	6:30-7:25 pm	17	\$225/ \$235	9/7- 1/3
42134	Recreational 1	5 & up	Girls	Tue	4:00-4:55 pm	17	\$225/ \$235	9/7- 1/3
42135	Recreational 1	5 & up	Girls	Tue	5:30- 6:25 pm	17	\$225/ \$235	9/7- 1/3
42136	Recreational 1	5 & up	Girls	Tue	6:30- 7:35 pm	17	\$225/ \$235	9/7- 1/3
42137	Recreational 1	5 & up	Girls	Wed	4:30- 5:25 pm	17	\$225/ \$235	9/7- 1/3
42138	Recreational 1	5 & up	Girls	Wed	5:30- 6:25 pm	17	\$225/ \$235	9/7- 1/3
42139	Recreational 1	5 & up	Girls	Wed	6:30- 7:25 pm	17	\$225/ \$235	9/7- 1/3
42140	Recreational 1	5 & up	Girls	Thu	4:30- 5:25 pm	17	\$225/ \$235	9/7- 1/3
42141	Recreational 1	5 & up	Girls	Thu	5:30- 6:25 pm	17	\$225/ \$235	9/7- 1/3
42142	Recreational 1	5 & up	Girls	Thu	6:30- 7:25 pm	17	\$225/ \$235	9/7- 1/3
42143	Recreational 1	5 & up	Girls	Fri	4:00- 4:55 pm	17	\$225/ \$235	9/7- 1/3
42144	Recreational 1	5 & up	Girls	Fri	5:00- 5:55 pm	17	\$225/ \$235	9/7- 1/3
42145	Recreational 1	5 & up	Girls	FRI	6:00- 6:55 pm	17	\$225/ \$235	9/7- 1/3
42146	Recreational 1	5 & up	Girls	FRI	7:00- 7:55 pm	17	\$225/ \$235	9/7- 1/3
42147	Recreational 1	5 & up	Girls	SAT	9:00- 9:55 am	17	\$225/ \$235	9/7- 1/3
42148	Recreational 1	5 & up	Girls	SAT	10:30- 11:25 am	17	\$225/ \$235	9/7- 1/3
42149	Recreational 1	5 & up	Boys	Wed	4:00-4:55 pm	17	\$225/ \$235	9/7- 1/3

### CLASS DESCRIPTIONS

**Recreational 1 :** Our recreational gymnastics program is based on guidelines set forth by USA Gymnastics. Athletes will receive instruction on all Olympic gymnastic events. The classes are designed to build strength, flexibility, confidence, promote teamwork, increase fitness and teach basic gymnastic skills.

**Glow Worm :** A structured parent/child class designed to improve basic motor skills, coordination, listening skills, fitness and self-confidence all while having fun at our gym.

**Inch Worm :** This introductory class is designed for tots. It is structured around basic gymnastics principles and uses a variety of gymnastic equipment and ideas to enhance your child's motor skills, concentration skills and teamwork.

**Squiggle Worm :** This class is designed to target the eager mind of your 3.5-5 year old. Obstacle courses, games and themed instruction combined with our innovative coaching styles provide basic tools for enhancing motor skills and fundamental gymnastics.

## Civil Marriage Ceremonies

Time: By appointment only.

**Where:** City Hall,  
34009 Alvarado-Niles Rd. Union City, CA 94587  
\* Please bring your marriage license and Picture IDs.

**Cost:** \$50, Check, Money Order, or exact Cash.

**Checks Made payable to:**  
City of Union City

**For more information please call:**  
Jill Stavosky at (510) 675-5265