



Bladium Hockey Classes in Union City!

In this instructional program, boys and girls will be taught techniques and fundamentals of sneaker hockey from the best instructors in the Bay Area. All hockey gear will be provided including a hockey helmet with face cage, shin guards, gloves and a stick. This is a recreational program meant for learning and having fun. Players registered by the first day of the season will receive a Bladium Hockey School T-Shirt.

Sneaker Sharks • Ages 4-7

Location: Kennedy Community Park, Amphitheater

Bladium Hockey Coaches will teach skills for puck handling, passing, shooting and team positioning. All levels are welcome. Players should wear comfortable athletic clothes and sneakers. The first class (9/14) will be free! We want participants to try the class. We know you will love it!

Code	Day	Dates	Time	Classes	Fee (res/Non)
42405	Tues	9/14- 11/2	4:00- 5:00 pm	8	\$129/ \$144

Minnows Hockey • Ages 5-8

Location: Kennedy Community Park, Amphitheater

Bladium Hockey Coaches will teach basic in line skating skills. Our experienced coaches can teach kids how to skate in 30 minutes to an hour. Players will learn skills for puck handling, passing, shooting and team positioning. All levels are welcome. Players will need their own skates and should wear comfortable athletic clothes. In-line hockey padded shorts are not required, but are available for purchase for \$25. The first class (9/14) will be free! We want participants to try the class. We know you will love it!

Code	Day	Dates	Time	Classes	Fee (res/Non)
42406	Tues	9/14- 11/2	5:00- 6:00 pm	8	\$129/ \$144

Super Soccer • Ages 5-10

Location: Town Estates Park (3438 Andover Drive)

Instructor: Coach Juan Torres

Spend 9 Saturdays playing and enjoying the world's favorite sport, soccer. Players will participate in drills that include dribbling, passing, receiving, shooting, and some goal keeping. Each child should come to the program with a full bottle of water, snacks, sunscreen and shin guards. Soccer cleats are recommended but not necessary. We will provide all other equipment (Soccer balls, cones, goals) for the day.

CODE	Day	Dates	Time	Classes	Fee (res/ non)
42308	Sat	9/25- 11/20	10:30- 12:30 pm	9	\$100/ \$110

Youth Open Gym Times (Ages 10-15)

Location: Union City Sports Center

The Union City Sports Center offers open gym times for youths 10 – 15 years old for drop-in basketball, volleyball, & badminton! The sports center also offers youth fitness/ sports conditioning classes on certain days of the week. Please check the monthly gymnasium schedule for youth fitness/ sports conditioning days and times.

Youth Open Gym hours: Monday –Thursday: 3pm – 6 pm
Fridays 3 pm – 8 pm



ICE SKATING CLASSES WITH SHARKS ICE

Learn to skate with professional skating instructors! Classes include a 30-minute lesson, skate rental, and 30-minute practice on the day of class. Plan to arrive early enough to allow time to put on skates before class. All skaters should wear clothing that is warm, comfortable, and easy to move in. A jacket, hat, gloves or mittens are recommended. Protective gear is optional.

Location: Ice Fremont, 44388 Old Warm Springs Blvd. Fremont, CA 94538 (510) 623-7200

Tot Skating • Ages 3-5

This class develops confidence on the ice while teaching the proper way to fall down, get up, basic forward skating, balance and introduces glides and stops.

Codes	Day	Dates	Time	Classes	Fee
41962	Tue	9/21-10/26	3:30- 4:00 pm	6	\$79/\$89
41963*	Tue	11/2- 12/14	3:30- 4:00 pm	6	\$79/\$89

*No Class Nov 23, 2010

Youth Skating • Ages 6-17

Covers the proper way to fall down, get up, two foot glide, one foot glide, forward swizzles, forward stroking, backward swizzles, stopping and an introductory spin.

Codes	Day	Dates	Time	Classes	Fee
41964	Tue	9/21-10/26	3:30- 4:00 pm	6	\$79/\$89
41965*	Tue	11/2- 12/14	3:30- 4:00 pm	6	\$79/\$89

*No Class Nov 23, 2010

UC Neighborhood Basketball League!

Ages 7-11 • 8 week program (8 classes)

Meets on Sunday Mornings

Main Coaches: Natalie Alvarez & Robert Sangco

The Union City Neighborhood Basketball League is back this Fall! Participants will begin with skill assessments and drills in order to be placed on teams. Teams will then be made for the season. Participants will then get a chance to practice and play games against their peers. This is an instructional program that offers the fundamentals of basketball while playing games against each other. Participants will practice at least once a week. The league is offered to both girls and boys.

This division is for 7-11 year olds. Participants will be divided into teams and practice as a team. Friendly competition, sportsmanship, and teamwork will be emphasized in this league.

Note: We need a minimum of 24 kids to make the league run.

Practice/ Games: Sundays, 10:00- 12:00 Noon

Location: Alvarado Middle School Gym
(31604 Alvarado Blvd., Union City, CA 94587)

CODE	Day	Dates	Time	Fee (res/ non)
42312	Sun	9/26- 11/14	10:00- 12 Noon	\$115/ \$130

If you have any questions regarding the Youth Sports Programs, please contact the Program Coordinator, Jesus Garcia at (510) 675-5482.