

**West Coast Swing • Ages 15+**

Learn the State of California's official dance!!! The Night Club 2 step combines elements of Latin, Country, Swing and Hip-Hop. This dance is a Bay Area favorite of all ballrooms and nite-clubs in every city. Partner not necessary but strongly recommended.

Instructor: Elizabeth & Earl Ante • Location: Ruggieri Senior Center

Code	Day	Dates	Time	Classes	Fee
47793	Thu	1/12-3/29	6:30-7:30 pm	12	\$72/ \$77
47794	Thu	4/12-6/14	6:30-7:30 pm	10	\$60/ \$65

Fee is per person

**New York Hustle Class • Ages 15+**

Come and learn how to do the New York Hustle! The New York Hustle is a popular dance that combines the dance moves of both salsa and the cha cha! It is a dance that is easy to learn.

Instructor: Elizabeth & Earl Ante • Location: Ruggieri Senior Center

Code	Day	Dates	Time	Classes	Fee
<b>Intermediate Class</b>					
47795	Thu	1/12-3/29	7:30- 8:30 pm	12	\$72/ \$77
47796	Thu	4/12-6/14	6:30- 7:30 pm	10	\$60/ \$65

**Beginner**

47797	Thu	1/12-3/29	8:30- 9:15 pm	12	\$72/ \$77
47798	Thu	4/12-6/14	6:30- 7:30 pm	10	\$60/ \$65

Fee is per person

**Salsa Dancing • Ages 15+**

Come and learn the rhythm and dance of salsa. Salsa, in the dance sense, is a dance that expresses emotion and passion with dance movement. Salsa has a compelling beat that inspires people of many ages and cultures to dance. This is a popular dance in the Bay Area, so come out and have some fun! No partner necessary. The instruction is designed for Beginner and Intermediate levels.

Instructor: Elizabeth & Earl Ante • Location: Ruggieri Senior Center

Code	Day	Date	Time	Classes	Fee
<b>Intermediate Class</b>					
47799	Mon	1/19-3/26	6:45- 7:45 pm	12	\$72/ \$77
47800	Mon	4/9-6/18*	6:45-7:45 pm	10	\$60/ \$65

**Beginner**

47801	Mon	1/19-3/26	7:45- 8:45 pm	12	\$72/ \$77
47802	Mon	4/9-6/18*	7:45-8:45 pm	10	\$60/ \$65

Fee is per person      \*No Class on 5/28, Memorial Day

**NEW! Bellydance for Health**

Instructor: Beatriz Ross

Location: Kennedy Community Center

Class will start with standing floor exercises to tone, strengthen and arm-up the body to dance. The class would then explore all levels of Belly Dance including music and movements in classical and modern fusion while building self-confidence. All levels of dance are welcome. Leotard, tights and a scarf to accentuate the waist is required.

Code	Day	Dates	Time	Classes	Fee(res/non)
47585	Mon	1/9- 2/13	7- 8:15 pm	6	\$45/ \$50
47586*	Mon	2/20-3/26	7- 8:15 pm	5	\$40/ \$45
47587	Mon	4/9-5/7	7- 8:15 pm	5	\$40/ \$45
47588	Mon	5/14-6/11	7- 8:15 pm	5	\$40/ \$45

\*No class on 2/20, Presidents Day

**Social/Ballroom Dancing • Ages 16+****Couples only**

Put some spice in your life. Get out of your chair; don't just sit while the others are dancing. Get your partner, bring your friends and let's get ready to DANCE. If you are a beginner dancer or just need to brush up, then the **7:00 class is the class for you!**

Instructor: Ed and Karen Beilin      Location: Ruggieri Senior Center

**Tango, Waltz, Samba/ Merengue**

Code	Day	Dates	Time	Classes	Fee
47807	Wed	1/11-2/8	7:00- 8:00 pm	5	\$50/ \$55*

**Triple Swing, 2 Step, Rhumba**

Code	Day	Dates	Time	Classes	Fee
47809	Wed	2/22-3/21	7:00- 8:00 pm	5	\$50/ \$55*

**Cha Cha, Big Band Swing, Foxtrot**

Code	Day	Dates	Time	Classes	Fee
47811	Wed	4/4-5/2	7:00- 8:00 pm	5	\$50/ \$55*

**Tango, Waltz, Samba/ Merengue**

Code	Day	Dates	Time	Classes	Fee
47821	Wed	5/16-6/13	7:00- 8:00 pm	5	\$50/ \$55*

**Intermediate/Advanced Class: Lesson "Cha Cha"**

Code	Day	Dates	Time	Classes	Fee
47808	Wed	1/11-2/8	8:15-9:15 pm	5	\$50/ \$55*
47810	Wed	2/22-3/21	8:15- 9:15 pm	5	\$50/ \$55*
47812	Wed	4/4-5/2	8:15-9:15 pm	5	\$50/ \$55*
47831	Wed	5/16-6/13	8:15- 9:15 pm	5	\$50/ \$55*

**The 8:15 class is for Intermediate/Advanced dancers only - or by instructor approval.**

**You cannot register via mail, on-line, or through the Community Centers.**

**Registration is taken in person on the first night of class.**

Class is for couples only ages 16 and up.

\*Fee is per couple.

**NEW! Golden Basic Belly Dance Fusion**

Instructor: Beatriz Ross

Location: Kennedy Community Center

Golden Basic Belly Dance Fusion is a class designed for the older adult. Each class will begin with a warm-up paying attention to body limitations and mobility, body isolations, shimmies and turns. Beginners are welcome as the class is aimed to promote exercise, enjoyment of dance, health and longevity.

Code	Day	Dates	Time	Classes	Fee(res/non)
47589	Tues	1/10- 2/14	10:00- 11 am	6	\$40/ \$45
47590	Tues	2/21-3/27	10:00- 11 am	6	\$40/ \$45
47591	Tues	4/10-5/8	10:00- 11 am	5	\$35/ \$40
47592	Tues	5/15-6/12	10:00- 11 am	5	\$35/ \$40

Instructor Beatriz Ross is a professionally trained dancer from New York City that has taught and performed dance for over 30 years. She is also certified by the American Senior Fitness Association and Generations Wellness in Successful Aging Training Program.

## Joanne Brown Dancers!

UCLS is proud to utilize Joanne Brown Dancers for its youth dance program! Joanne Brown and her staff of qualified dance instructors have offered all types of dance classes for youth at our community centers for many years. For more information on Joanne Brown and her dancers, please visit her website at [www.JoanneBrownDancers.com](http://www.JoanneBrownDancers.com)

### NEW!!! Ballet and Tap Combo • Ages 2-4

Explore all the exciting aspects of tap while enjoying the benefits of physical activity, building self-esteem and self-confidence. A great beginning dance class for both boys and girls. They will blossom into a graceful and elegant dancer while they experience the beauty of ballet. Learn basic ballet vocabulary and grace. Tap and ballet shoes are required. Must provide own uniform which includes black leotard, pink ballet tights and an optional skirt.

**Instructor:** Stephanie and Joanne Brown Dancers

**Location:** Holly Community Center

Code	Day	Dates	Time	Classes	Fee
47763	Mon	1/23-3/26	5:15- 6:00 pm	10	\$100/ \$110
47764	Mon*	4/9-6/11	5:15- 6:00 pm	9	\$90/ \$100

No class on 5/28, Memorial Day.

### Tap & Jazz Combo • Ages 6-9

Learn the basic rhythms and develop rhythmic skills, body isolation and classic jazz moves. They will explore all the exciting aspects of tap and jazz while enjoying the benefits of physical activity, building self-esteem and self-confidence. A great beginning dance class for both boys and girls.

**Instructor:** Stephanie & Joanne Brown Dancers

**Location:** Holly Community Center

Code	Day	Dates	Time	Classes	Fee
47765	Mon	1/23-3/26	6:15- 7:00 pm	10	\$100/ \$110
47766	Mon*	4/9-6/11	6:15- 7:00 pm	9	\$90/ \$100

No class on 5/28, Memorial Day.

### NEW! Mini Hip Hop and Hip Hop Dance!

The essence of hip hop is confidence and character. 'Bring your rhythm to life' as you learn the latest hip hop moves, just like in the music videos. Students will build strength while they learn how to 'hit their moves hard.' Tennis shoes and work out pants/sweats required. Jeans are not preferred.

**Location:** Holly Community Center

**Instructor:** Stephanie from Joanne Brown dancers

Code	Day	Dates	Time	Ages	Classes	Fee
47767	Wed	1/25-3/28	5:15-6:00 pm	5-8	10	\$100/ \$110
47768	Wed	1/25-3/28	6:15-7:00 pm	9-13	10	\$100/ \$110
47769	Wed	4/11-6/13	5:15-6:00 pm	5-8	10	\$100/ \$110
47770	Wed	4/11-6/13	6:15-7:00 pm	9-13	10	\$100/ \$110



## Chinese Classical & Ethnic Dance

Telephone: 510-675-5329 or 510-449-1421

**E-mail:** [Chinesedance665@gmail.com](mailto:Chinesedance665@gmail.com)

Dance and arts are recognized as the universal language of the soul. Students will develop many dance techniques, such as strength, flexibility, correct posture and musicality. Students will learn all of this while learning the Chinese artistic fundamentals.

**Instructor:** Ling Wang

**Location:** Holly & Kennedy Community Center

### Pre-Dance-1 (for new students)- Holly Community Center

Code	Day	Dates	Time	Age	Classes	Fee
47122	Thu	1/12-3/29	7:30- 8:30 pm	4+	12	\$120/ \$135
47127	Thu	4/12-6/14	7:30- 8:30 pm	4+	10	\$100/ \$115

### Pre-Dance-2 (for new students)- Holly Community Center

Code	Day	Dates	Time	Age	Classes	Fee
47118	Sat	1/14-3/31	11:30- 12:30 pm	4+	12	\$120/ \$135
47123	Sat	4/14-6/16	11:30- 12:30 pm	4+	10	\$100/ \$115

### Intermediate Dance- Kennedy Community Center

Code	Day	Dates	Time	Age	Classes	Fee
47120	Thu	1/12-3/29	6:00- 7:00 pm	6+	12	\$120/ \$135
47125	Thu	4/12-6/14	6:00- 7:00 pm	6+	10	\$100/ \$115

### Advanced Class- Holly Community Center

Code	Day	Dates	Time	Age	Classes	Fee
47119	Tue	1/10-3/27	7:00- 8:30 pm	8+	12	\$180/ \$195
47124	Tue	4/10-6/12	7:00- 8:30 pm	8+	10	\$150/ \$165

### Adult Class- Holly Community Center

Code	Day	Dates	Time	Age	Classes	Fee
47121	Sat	1/14-3/31	10:00-11:30 am	16+	12	\$189/ \$204
47126	Sat	4/14-6/16	10:00-11:30 am	16+	10	\$158/ \$173

## Tehani Dance Studio

29278 Union City Blvd.

Union City, CA 94587

(866) 830-5297 or 675-5329

<http://www.hulamom.com>

**New Location!**

**Uniforms are available for purchase at the studio.**

**Instructor:** Merahi O. Tehani

### Beginning Hula & Tahitian Basics • All Ages

Come learn this beautiful dance from the Islands. Classes are for introduction to the dances. This is great for exercise and leisurely learning. All ages are invited to join in the spirit of Ohana and Aloha!

**Location:** Tehani Productions Dance Studio

Code	Day	Dates	Time	Ages	Fee (res/non)
47921	Wed	1/11-3/28	6:00- 6:45 pm	4-10	\$120/ \$135
47922	Wed	1/11-3/28	7:00- 8:00 pm	10+	\$120/ \$135
47925	Wed	4/11-6/13	6:00- 6:45 pm	4-10	\$100/ \$115
47926	Wed	4/11-6/13	7:00- 8:00 pm	10+	\$100/ \$115