

# KIDS DON'T COME WITH INSTRUCTIONS...



- *Do you want your teen to make better choices or be more motivated to succeed?*
- *Is it sometimes easier to just give in to them than go through all the arguing?*
- *Do you want your teen to be more successful at school?*
- *Do you worry about the friends or other influences in your child's life?*



YOU ARE NOT ALONE!!! Finally... a program created *by parents, for parents* - providing support, tools and strategies to deal with the very real challenges of parenting a teen in today's fast-paced world.

**Parent Project**<sup>®</sup>

## **UNION CITY YOUTH & FAMILY SERVICES SPRING 2012 PROGRAM SCHEDULE**

For parents of teens ages 10 and up

### **Spring Class – English**

February 28<sup>th</sup> – May 29<sup>th</sup> (No class April 3<sup>rd</sup>)

**13 weeks - Tuesdays 6:15 pm – 9:15 pm**

\$35 Registration fee + weekly class fee

Contact us at (510) 675-5217 to find out how to make this program work for you, regardless of income or childcare challenges!

**FOR REGISTRATION AND MORE INFORMATION**



**TO LEARN MORE ABOUT OR REGISTER  
FOR THE PARENT PROJECT® YOU CAN:**

**1) Attend a FREE Parent Information Meeting:**

Tuesday, February 21, 2012 – 6:15 to 8:15 pm  
Alvarado Middle School – Media Center  
31604 Alvarado Blvd.  
Union City, CA 94587

OR

Thursday, February 23, 2012 – 6:15 to 8:15 pm  
Cesar Chavez Middle School – Media Center  
2801 Hop Ranch Road  
Union City, CA 94587

***\*\*\*Child care will be provided, please call Alma Gomez @ (510) 675-5487 to RSVP  
for the meeting that fits best with your schedule and for childcare.***

**2) Call and speak with one of the program coordinators (registration packets are available):**

English - Kristie Potter, MFT #43455 (510) 675-5217  
Spanish - Adrian Valadez, ASW (510) 675-5821

**3) For general information on the program and/or other Bay Area Parent Project® classes:**

[www.parentproject.com](http://www.parentproject.com)

